

# what's out addis

2022, October



## FASHION WEEK IS BACK

ANNUAL HUB OF AFRICA  
ADDIS FASHION WEEK IS BACK

OCTOBER 19-23  
@ HYATT REGENCY ADDIS ABABA

FOOD | CITY | PEOPLE | ARTS & CULTURE  
HEALTH | SHOPPING

# መከመዲያ ቬሌጅ MOHAMMEDIA VILLAGE

## ETB 50 BILLION PROJECT

The new year gift to  
Addis Ababa from  
**MIDROC INVESTMENT GROUP**

Situated near Sarbet at Mechare Meda in Addis Ababa city, the village will occupy a total space of 250,000 square meters and will be composed of a variety of facilities.



**Mohammedia** will feature 1,224 apartments and 24 villas, in addition to a global standard mall, a hotel with 150 rooms, a large gym, a movie theater, and Queen's Supermarket. MIDROC Construction is in charge of the construction process while the listed owner is Huda Real Estate, one of the 50 companies under the Group. ZIAS International is serving as the consultant for this particular endeavor. The Mohammedia Village will take 5 to 7 years to complete.



**Nani Building, Near Ghion Hotel,  
Addis Ababa Ethiopia**  
P.O. box: 274110 / 1000  
Tel: + 251 115 549791  
Fax: +251 155 449764  
E-mail: [migprdirector@midrocinvestmentgroup.com](mailto:migprdirector@midrocinvestmentgroup.com)  
Website: [www.midrocinvestmentgroup.com](http://www.midrocinvestmentgroup.com)



# Dear Friends

Welcome to the October edition of *What's Out*. The annual and highly acclaimed and anticipated premier fashion event, Hub of Africa Fashion week is this month. We profile two great new books – one for children “Come on Adey” and one for adults “Ababa Janhoy” a pictorial book about Emperor Haile Selassie. We continue highlighting Ride the Rift and the amazing trips they offer to Addis residents and visitors to explore beyond the city with accompanied and experienced guides. We profile and congratulate Tarara Coffee as this premier brand coffee, wins the title of top coffee roaster exporter for the 4th year and we in Addis already know how great it tastes! To celebrate its 115th anniversary, Alliance Ethio- Francaise is opening a gourmet new restaurant Bistrot TVS Monde within its compound. Enjoy your month.  
Team *What's Out*

<b>3</b>	FEATURE STORY
<b>5</b>	POINT OF VIEW
<b>7</b>	TRAVEL
<b>9</b>	CRAFT
<b>11</b>	BOOK REVIEW
<b>15</b>	PRESS RELEASE
<b>27</b>	FASHION
<b>29</b>	SPOTLIGHT
<b>31</b>	WHAT'S NEW
<b>33</b>	HOT MUSIC TABLE

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**WWW.WHATSOUTADDIS.COM**



# ANNUAL HUB OF AFRICA ADDIS FASHION WEEK IS BACK

Hub of Africa Addis Fashion Week (HAFW) is back once again this year with it's annual international showcase from October 19-23, 2022 at Hyatt Regency Addis Ababa, & Italian Embassy.

Since 2010, HAFW has featured over 150 international, continental and local designers. HAFW takes great pride in having been a launching and showing platform for big names in African fashion., This is a path that we continue on this year, featuring 25+ designers, continental and local.

We have arranged to give showcasing designers an even larger platform with us this year, offering a series of solo shows and or collective showcase with other designers. We are also introducing a B2B session to give our designers the opportunity to engage with key industry buyers. There will be a mini trade exhibition of accessory brands from Italy for quality finishing product sourcing which the industry needs very much.

It is rewarding to see our event grow and develop to offer a more refined platform to the designers that are going to be working with us this year. We have worked hard this year to enhance the already distinguished list of international buyers, media/press to include trainers and organizers of other international fashion weeks, as well.

Our almost decade-long partnership with Fashion Africa 254 (FA254) continues this year in aiming to enhance the development of African fashion industries and strengthen market linkage between the Continent and the international fashion market.





OCTOBER

The programs this year include runway shows, installations, workshops, panel discussions, fashion story telling, B2B, pop up marketplace and much more. We have designers from Senegal, Kenya, South Africa, Togo, Tanzania, Ethiopia and Uganda.

For more info visit:  
[www.hafwaddis.com](http://www.hafwaddis.com)  
+251 921 378378

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by Laduma Ngxokolo

HUB OF AFRICA  
ADDIS FASHION WEEK

# HAFW





# WORLD TOURISM 2022 MOTTO #RETHINKING TOURISM.

**E**thiopia has multiple cultural, natural and historical resources, hidden from the rest of the world for generations. Promoting and developing such off the beaten path destinations is one of the causes behind the World Tourism Day 2022 motto #RethinkingTourism. Let us all bring such gems to light and #rethinktourism.

I was part of the Demera celebration at Mt.Eme Mehret few days ago with Guzo Adwa Hiking Events and here are some photographs I took along the way. The religious celebration commemorating celebrating finding of the true cross in Ethiopia has just been celebrated and is truly a magnificent spectacle to experience.

Part of the true cross that Jesus Christ was crucified on is believed to have come to Ethiopia during the time of Emperor David, and placed in Gishen Mariam by Emperor Zera Yacob sometime in the mid 15th century. Ever since, Demera (burning of a bonfire that resembles how Empress Helena, mother of Constantine discovered the true cross) is celebrated throughout the country every year and one of the first places where this ritual was observed is Mount Eme Mehret, citing part of the cross's stay on the mountain, before it's permanent move to Gishen Mariam.



Eme Mehret is a magnificent undulating mountain, 3505 meters above sea level near Ankober area of Northern Shewa Zone. Local legend has it that the name Eme Mehret, which translates to Mother of Mercy was given by holy angels .

The Demera lighting ceremony on this mountain surrounded by clouds takes place in the morning of September 26. The challenging hike leading to the top of the mountain where the ritual is held takes approximately 1:30 - 2:00 hours, through truly breath taking scenery that almost looks and feels like you are in the Simien Mountains. Every year, thousands of Ethiopians make pilgrimages to the holy place of Gishen, to celebrate this unique festival. As important as the voyage to Gishen is, it would be even more meaningful to also take the journey to Eme Mihret for its significance.

Consider this trip for your next Meskel celebrations in 2023.

Text and Photos by Michael Metaferia ©

[instagram.com/mickey.251](https://www.instagram.com/mickey.251)

# RIDE THE RIFT: UPCOMING BIKING ADVENTURE TRIPS

Enjoy a biking adventure to the 'Jamma Canyon of Ethiopia' with Ride the Rift exploring canyons just to the north of Addis Ababa with waterfalls cascading out of the highlands alive with emerald crops having first explored some of most interesting and beautiful places in Ethiopia: Lalibela where you will explore the town's labyrinth of medieval churches, the Meket Highlands where you will have a short trek in stunning scenery and hosted by the local farmers, the majestic Simien Mountains with its unique wildlife and dramatic landscapes, Gondar with its romantic castles, and the Wof Washa forest along the Great African Rift Valley escarpment.

Ride the Rift is a collaboration of tour operators who have unique outdoor adventure experience as tour operators in Ethiopia. Over the last twelve months they have staged three spectacular tours for local residents and are now expanding our tours with tours tailor-made for international tourists.

Northern Explorer Trek 10 to 20 October 2022:  
On this adventure across the north of Ethiopia you will see Lalibela, perhaps the jewel in Ethiopia's crown, you will be hosted by a rural community on the edge of the plateau, miles from asphalt and electricity, you will trek through the core part of the Simiens National Park,





with its unique wildlife and afro alpine landscape; then explore the romantic castles of Gondar, before coming back to the Rift valley and trekking in one of the largest forests in the centre of Ethiopia.

**Jamma Canyon Tour 20 to 24 October 2022:**

We will whisk you off to the little known canyons north of the capital, where tributaries of the Nile have carved hundreds of meters down into the bedrock leaving the largest display of waterfalls we have seen. We will cycle, run or trek through the remarkable landscapes with epic journeys - sometimes flying downhill, other times following the escarpments with the outrageous views, and all the time passing by the traditional farming communities of the highlands. This is a time when the crops are just turning from green to gold and the landscapes are captivating. We will be camping - and camping with a view - and have our professional team of cooks and camp staff looking after us.

Dates and destinations are now fixed until the end of the year and you find all details on our website: <https://bit.ly/3BVhTqZ> (Ethiopia residents will get a discounted price in Birr).

Contact us at [ridetherift2020@gmail.com](mailto:ridetherift2020@gmail.com)

# TRADITIONAL ETHIOPIAN EARTHENWARE

In ancient Ethiopia, all cooking was done using hand-made clay pots for different types of food. This method of cooking still remains with some special recipes, the taste of which cannot be replicated in metal pots. Traditional hand-made clay pots often stock the kitchen shelves of Ethiopian homes. The most common type is called a shakla dist, and some Ethiopians will swear that the food tastes better when it simmers in this unique earthenware.

The word shakla means “clay” in Amharic, and shakla dist is the name for a clay pot used for cooking stews (spicy wots and alichas). The plural of dist is distoch. There are many varieties of Ethiopian clay pots of all shapes and sizes and each shape has its own name. The term shakla dist refers to the round pots of various sizes and with lids, usually with handles on the side of the pot and on the top of the lid, and sometimes with a design carved into the clay. A very large shakla dist is used to make big portions of food and is called a setate.

These pots are available to purchase throughout Addis and Ethiopia especially in local markets. Ethiopian restaurants will also use these earthenware pots to produce and serve food. The jebena is a traditional clay coffee pot.

A main source of these pots is the Kechene Women’s Pottery Cooperative, an independent organization consisting entirely of women working on the creation of artistic, traditional and functional pottery products. Established in 1991 through the support of the ILO (International Labour Organization), they received further assistance in 1993, from the UNDP (United Nations’ Development Programs), ultimately becoming in 1993-94, an independent cooperative consisting exclusively of women.

Working the pottery is a fascinating craft, but is also very demanding physically, such as the collection of the raw material, which needs to be collected directly from the river’s shingle-bed. Once dried, the clay needs to be pulverized with a big wooden pestle. The clay powder is then kneaded with water and moulded into various shapes and dimensions. A few days later, when the clay is finally dried and after it has been engraved (if necessary), the products are finally baked. The ovens are very rudimentary, often consisting of merely a hole in the ground, where the objects are placed and then covered with dried dung and potters have a unique technique of conferring a black finish to the pottery, which is originally red. The objects are greased before being put in the oven, and after baking they are left to cool under a mound of dried eucalyptus leaves. Once cold, they come out of the ashes black coloured.

Kechene: Opening times are random but call to make an appointment - 0913 64 72 98 or 0913 14 35 01.



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suzannesaid@hotmail.com



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Jewelry  
Homeline  
Handbags



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OPENING HOURS

9:00 AM - 6:00 PM

LOCATION: DEM. REP. CONGO  
ST, MENTIWAB BUILDING





## DELIGHTFUL NEW BOOK BY MASTEWAL ABERA.

Mastewal Abera is a children's book author, librarian, and educator who is passionate about her work. *Come on Adey*, her second published title, takes the reader on a journey through Addis Ababa in search of Adey flower. The main character is a little girl narrating the story; she has promised to bring Adey to her grandmother for New Year's celebrations. Will Adey bloom in time? The little girl's anticipation is experienced by the reader who is left wondering what will happen next and if her patience will be rewarded. The book is bilingual in Amharic and English.

Mastewal doesn't remember a time when she didn't plan to become a writer. She has fond childhood memories of rushing to her father's office (which was next to her school) after school. There she would lose herself in the pages of the few children's books available in the library and enjoy reading the children's corner from the renowned newspaper *Addis Zemen*.

Over time, Mastewal began to understand that few children in Ethiopia have access to children's books. Knowledge of this deficiency and her experience as an educator led her to focus on writing books to increase literacy and accessibility. Research shows that if exposed to quality reading materials, children are more apt to thrive academically in all subject areas. Mastewal fully believes in the importance of children reading for pleasure in addition to their studies.

Her stories are intended to draw children in. Readers easily make connections to entertaining content while gaining knowledge and strengthening skills in English and Amharic. Through the pages of her books, students use written language and beautifully detailed illustrations to learn more about their culture and the world around them. Mastewal's first published work is titled *Kirmtu* and is an example of these foundational beliefs, currently sold out, but available at the national archives and library in Addis Ababa.

Find Books for Sale around town @ Entoto Beth Artisan, Bora Mall Fidel Tiru, Enitewawek Cafe and Hawassa Meti Souvenir at Haile Resort

Contact: [mastubook@gmail.com](mailto:mastubook@gmail.com)





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Email: contact@redat-et.com

**Location:**  
Alem Cinema, Bole Road,  
Addis Ababa, Ethiopia

*The Italian Cooperation supports the creation of job opportunities for young people in Addis Ababa*

In Ethiopia, where 70% of the population is young and the unemployment affects 5.72% of them, the Italian Agency for Development Cooperation reinforces the creation of decent employment opportunities for young women and men through the development of technical, managerial and institutional capacities in the textile, garment and leather industries.

One of its projects focuses on vulnerable migratory contexts and the improvement of the working conditions as well as the promotion of entrepreneurship in the mentioned sectors. The activities are brought forward by three main actors, the United Nations Industrial Development Organization (UNIDO) and the Italian civil society organizations: CVM – Comunità Volontari per il Mondo and VIS – Volontariato internazionale per lo sviluppo, in partnership with the Italian NGO ISCOS.

Since April 2022, VIS interventions are based in Addis Ababa and are focusing on the leather sector. Several technical-professional and soft skills training are carried out together with the Bosco Children TVET Institute. The heart of the Salesians activities in Ethiopia, in fact, is the Vocational Training Center, which, with its different courses of study initiates the recovered youth toward a future of professional skills, decent work, human and social affirmation.

Nowadays 17 women and 3 men, that comes from a vulnerable context, are participating to the first round of professional trainings on leather, that will last 3 months and will end with one month of practice in an Ethiopian enterprise specialized on leather craft.

Lastly, youths that have already created an enterprise can participate to life skill training for ameliorating their business skill and students that have been already trained at Don Bosco Children center can be supported for creating their own enterprise.

This experience demonstrate that for facilitating the job placement of young people in Addis Ababa, it is essential to strengthen the vocational training system through the synergy between TVET, public employment services, and the private sector, in order to create an approach between the various actors that influence positively the labor market.



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Kuriftu Resort & Spa Awash Falls is located on the southern tip of Awash National Park, our one of a kind boutique resort suspended over a waterfall places guests at an elevation that is unique to our property. With views of crocodiles on the river bank, the refreshing mist from the edge of the falls paired with unmatched scenery, we offer the ultimate experience to our visitors.



9693

[WWW.KURIFTURESORTS.COM](http://WWW.KURIFTURESORTS.COM)

[WWW.KURIFTUWATERPARK.COM](http://WWW.KURIFTUWATERPARK.COM)



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# RESTAURANTS

<b>AMERICAN STYLE/CASUAL DINING</b>	<b>SOSHA RESTAURANT</b> 0933424242 Medhaniealem towards to millinium Known for: Vegan sandwich Bole 7 days a week	multi roaster coffee shop 7 days a week
<b>ANGLA BURGER</b> 091-206-0505 Morning Star Mall 1st floor, Known for: Fast Food and Burgers 7 days a week	<b>ASIAN</b>	<b>COFFEE COLOGY</b> 092 769 3071 Kenenisa Ave, Addis Ababa known for: Dine-in · Takeaway 7 days a week
<b>BURGER SHACK</b> 093-215-5531 Around Wosen loki Kidus Michael Buildign 1st floor Known for: Burgers Closed Wed	<b>CHINA BAR &amp; RESTAURANT</b> 011-551-3772 Next to Ghion Hotel Known for: Being one Of the oldest restaurant in addis 7 days a week	<b>CUPCAKE DELIGHTS BAKERY</b> +251 91 262 5271 Bole - opposite Beer Garden Known for: cup cake 7 days a week
<b>G - BURGER</b> +25184706001 Behind Sheger building Known for: Burgers 7 days a week	<b>SAKURA JAPANESE RESTAURANT</b> 0911057030 / 0984873551 Around Rwanda Embassy Known for: Japanese Food 7 days a week	<b>CUPCAKE</b> Delights Bakery +251 978020270 091 121 4645 Bole - opposite Harmony Hotel Known for: Breakfast/Brunch, 7 days a week
<b>LEMON BAR &amp; GRILL</b> (Golden Tulip Addis) +251 11 617 0740 Ext: 1405 behind Berhane adere building Known for: Roasted Chicken 7 days a week	<b>THE ORIENTAL</b> (Hyatt Regency) 251 115 17 1234 Meskel Adebabay Known for: Western BBQ, Asian bites	<b>CREMINO CAFE</b> 094 406 3338 Dabi Complex-Ground floor Known for: stake and cheese chicken Mayo 7 days a week
<b>OPIUM ADDIS</b> +251983341261 Bole in front of Desalgn Hotel Rakan Building Known for: Tex-Mex 7 days a week	<b>BRAZILIAN</b>	<b>EXCLUSIVE 0929446238</b> [bole medhaniealem], Known for: Stake House 7 days a week
<b>PARKDALE BURGER</b> 093 975 7575 Bole Rd   behind DH Geda Tower Known for: Fast Food, Grills 7 days a week	<b>FOGO NO CHAO (RAMADA HOTEL)</b> 011 6393939 Bole Road/10th floor Known for: Brazilian Churrascaria and rich vegetarian option 7 days a week	<b>ENRICO'S PASTRY</b> (One of the Oldest Pastry Shop in Addis) 011 557-1490 Off Churchill Road Known for: Millefeuille and cream puffs 7 days a week
<b>RODEO BAR AND RESTAURAN</b> 0911246320 0911212103 Bole opposite Shoa Supermarket Known for: BBQ 7 days a weekand	<b>BAKE AND BREW CAFE</b> 091 015 1248 Namibia St, Addis Ababa Known for: Dine-in Curb side pickup · Delivery 7 days a week	<b>GALANI CAFE</b> 0911 200186/011 645-6008 Around CMC next to Jacross inside the MOPLACO coffee factory Known for: Coffee, Music & Art 7 days a week
<b>ROOMIE BURGER</b> 0115504727 Piassa Churchil Area Known for: Burgers and Pizzas (24/7) 7 days a week	<b>BILO'S PASTRY</b> 0960403052 locations Lancha; Arat Kilo; Gurd Shola; Old Airport Known for: Delicious cakes 7 days a week	<b>GRAB &amp; GO</b> (Golden Tulip Addis Ababa Hotel) 011 6170740 Medhaniealem area, next to Mama's Kitchen, Known for: caffè pastries and bread 7 days a week
<b>SAVOR ADDIS</b> 011 667 0656 Bole Atlas, behind 2000 Habesha Restaurant Known for: Wood Fired Pizzas,Grilled Burgers and Sunday Brunch 7 days a week	<b>BOLE MINI</b> 0116639898 Near airport Known for: Burgers, fresh fruit juice, waffles & donuts and homemade dabo colo 7 days a week	<b>HILTON PASTRY &amp; COFFEE SHOP</b> 011 517-0000 Ext 839 Known for: Spectacular Cake 7 days a week
<b>SISHU</b> 092-006-1063 / 093-003-4150 Opposite Kera, behind Worke's Promise Building. Known for: Burgers and desserts Closed Mon	<b>BUNATERA MULTI ROASTER COFFEE SHOP</b> 0118546018 0923570449/ 0974053030 Olompia around greek school or around bole shewa dabo or Wello sefer at nigus boutique hotel Known for:	<b>KALDI'S COFFEE</b> (Various locations) 0113714258 6 main locations: 2 around Bole Medhaniealem; Old Airport; CMC Olympia; Kaliti and

many others  
7 days a week

#### LIME TREE

011 663-0872  
0911 200072  
1/Kazanches  
Nigist building  
2/Torhailoch  
inside Queens  
3/Ghion inside  
Queens,  
Known for:  
Healthy food and  
drinks, National  
and Continental  
Cuisine  
7 days a week

#### LA PARISIENNE

(Various locations)  
0911-514944/  
0118-681799  
Bole Medhanialeml;  
Bole Airport ;  
Meskel Flower  
Known for: French  
style bakery and  
cafe  
7 days a week

#### MAMOKACHA COFFEE

0116685792  
EU road across  
from Alexandria  
Known for:  
Great Coffee and  
Waffles plus  
Brunch  
7 days a week

#### MOYOS CAFÉ

0920242442  
Around Atlas  
Hotel across from  
Yoly Hotel  
Known for:  
Breakfasts and  
fresh juices  
7 days a week

#### MUNCH GERMAN BAKERY

(Various locations)  
0911 218534  
Opposite  
Canadian  
Embassy, Sarbet;  
Kasanchis;  
Known for:  
German style  
bakery and cafe  
7 days a week

#### NATANI CAFE

011 662-4753  
Bole Road across  
from Millennium  
hall  
next to Savour  
Known for:  
Cheesecake  
7 days a week

#### PURPLE CAFE

011 551-8886  
On Bole Road,  
at Olympia  
Known for: Ice  
cream  
7 days a week

#### RAIZEL CAFE

0911 222043  
Next to Cinema  
Empire  
Known for: Cakes  
and Sandwiches  
7 days a week

#### THE MARKET

(Hyatt Regency)  
+251 115 171 207  
Grab your freshly  
brewed Ethiopian  
coffee, tea,

delicious pastries  
7 days a week

#### TILLA CAFÉ

0946 701125  
Kazanchis (across  
the street from  
Bambis)  
Known for:  
Sandwiches,  
Smoothie bar with  
Healthy Food  
7 days a week

#### TRYST CAFE, RESTAURANT & LOUNGE

0944 061818  
Olympia Rd &  
Atlas in front of  
Shebta Lounge  
Known for: Deli-  
cious Sandwiches  
and Great Coffee  
7 days a week

#### TOMOCA

(Various locations)  
011 111-2498  
Off Churchill Road,  
on the same road  
as Book- World  
and Sarbet across  
from Canada  
Embassy  
Known for: Variety  
of coffee to buy or  
to drink  
7 days a week

#### CONTINENTAL

#### ALL DAY DINING

(GetfamHotel)  
011-667-3175/78  
Buffet Breakfast  
and A la Carte  
International  
salads, starters,  
soups, pizzas,  
pastas & Grills  
7 days a week

#### THE CANTEEN

0904149676  
Dutch and  
Continental  
Cuisine and  
Vegetarian Gabon  
Street (behind  
Waterfall Hotel)  
near Meskel  
Flower Call for  
Opening Times

#### LUCY LOUNGE & RESTAURANT

0911947115  
Next to National  
Museum  
Known for:  
National and Con-  
tinental  
cuisine  
7 days a week

#### VERRES EN VERS RESTAURANT

(Radisson Blu)  
0982-0921-82  
/0115-157-600  
Kazanchis  
business district  
7 days a week

#### ADDIS ABABA GOLF CLUB

0921734176/  
0911-573872  
Old Airport  
opposite Swiss  
Embassy Known  
Known for: BBQ  
on weekends  
7 days a week

#### AMSTERDAM BAR & RESTAURANT

0911 516178/  
0118681725  
Bole behind  
Friendship  
supermarket  
Known For:  
European Food  
7 days a week

#### BELVEDERE RESTAU- RANT

0912 639280  
Between Bob  
Marley's former  
roundabout and  
the new stadium  
plus Deli in  
Kassanches (side  
road to ECA)  
Known for: Italian,  
European and  
Mediterranean  
Closed on Mon

#### CHANOLY SMOOTHIE & NOODLES

092 734 9509  
behind bole  
medhanialeml  
in front of yego  
church right turn  
from Frenship  
hotel Meskel  
flower road near  
to Laparianian  
restaurant  
known for:Noodles  
7 days a week

#### CENTER POINT REVOLVING RESTAURANT

(InterContinental)  
0115505066  
Kazanchis  
Known for: Buffet  
European Cuisine  
set price menu  
7 days a week

#### CHOMA GRILL

090 206 0708  
Sare Bete in front  
of Besrat FM  
Open 11AM  
Closes 9PM  
7 days a week

#### FIVE LOAVES BISTRO AND BAKERY

0913 576818/  
0911222976  
Aware round  
about, towards  
Meganagna  
Known for: Deli,  
pastries and  
sandwiches and  
Sunday Brunch  
Closed Tues

#### GAZEBO

(Hilton)  
0115170000  
Ext 953 Outdoors  
dining beside the  
pool  
Known for: All  
Week dining plus  
Sunday Brunch  
7 days a week

#### GOJO RESTAURANT

0911202821  
0115-521099  
Bole Dembel  
Building 1st fload  
Known For:  
Eroupean food  
Closed Sun

#### HILL BOTTOM ADDIS

0118964670/69  
Ayat Roundabout  
Known for: Brick  
oven pizza and  
child friendly  
environment  
7 days a week

#### KORMA GRILL

090 588 8888  
0905787878  
Bole Rwanda  
Embassy around  
Ankober Guest  
House  
Known for:  
Grilled Stake  
Closed Wed

#### LES ARCADES

(Sheraton Addis)  
0115171717  
Ext.6604  
Known for:  
Gourmet Cuisine  
Closed Sun

#### MAMA'S KITCHEN

0911222133  
0930099356  
Behind Birahane  
Adere building  
and Welo safer  
Dani Plaza  
building 1st floor  
Known for: Grills  
7 days a week

#### OAK RESTAURANT

01114-674000  
Dreamliner Hotel  
Meskel Flower  
area  
Know for:  
European,  
Continental  
7 days a week

#### PEACOCK BAR AND RESTAURANT

0911222637  
Opposite side of  
old peacock  
Behind bole  
printing press  
Known for: Beef  
and Chicken stake  
7 days a week

#### TEMPTATIONS

(Sheraton Addis)  
011 517-1717  
Ext.6067  
Known for:  
International  
cuisine  
7 days a week

#### SUMMER FIELDS

(Sheraton Addis)  
011 517-1717  
Ext.6089  
Known for:  
Hamburgers,  
buffet and ice  
creams  
7 days a week

#### SKY STEAK HOUSE

011 467-4000  
Dreamliner Hotel  
Known for: Steak  
7 days a week

#### SKY STEAK HOUSE

0116511573/77  
0911100155  
Up the hill from  
Megenagna  
Roundabout,



## Sunday

## Monday

### SUNDAY BRUNCH

The Oriental, Hyatt Regency  
Addis Ababa, 11:30AM to 3:00PM

### WORLD AUDIO DRAMA DAY

On October 30th, World  
Audio Drama Day celebrates  
telling stories through sound.

30

### SUNDAY BRUNCH

The Oriental, Hyatt Regency  
Addis Ababa, 11:30AM to 3:00PM

### GANDHI JAYANTI

Gandhi Jayanti is celebrated  
on 2nd October every year  
to mark the birth anniversary  
of Mahatma Gandhi.

2

### SUNDAY BRUNCH

The Oriental, Hyatt Regency  
Addis Ababa, 11:30AM to 3:00PM

### CONFERENCE

International Congress on Cell  
Science and Molecular Biology  
(IC-CSMB), Gondar. Et

9

### SUNDAY BRUNCH

The Oriental, Hyatt Regency  
Addis Ababa, 11:30AM to 3:00PM

### CONFERENCE

International Conference On  
Environment And Life Science  
(EUCELS), Venue Dire Dawa ,  
Ethiopia, info@eurasiaweb.com

16

### SUNDAY BRUNCH

The Oriental, Hyatt Regency  
Addis Ababa, 11:30AM to 3:00PM

23

### WORLD CITIES DAY

The UN addresses the challenges  
urbanization presents. Cities  
collaborate on sustainable  
urbanization.

31

### WORLD HABITAT DAY

World Habitat Day is observed on  
the first Monday of October month  
throughout the world.

### CONFERENCE

International Conference on  
Marine Science and Aquaculture  
(ICMSA), Addis Ababa Et

3

### ENITEWAWEK

10-11am, Traditional Ethiopian  
Dance with solomon.  
Phone: 0935611681

### WORLD MENTAL HEALTH DAY

to raise awareness about the scale  
of suicide around the world and  
the role that each of us can play  
to help in preventing it.

10

### CONFERENCE

International Conference On  
Environment And Life Science  
(EUCELS), Venue Dire Dawa ,  
Ethiopia, info@eurasiaweb.com

### ENITEWAWEK

2-4pm, Martial Arts with  
jacob JB & Philip,  
0923292285

17

### CONFERENCE

International Conference On  
Sustainable Water Management  
(ICSWM), Venue Gondar ,  
Ethiopia, info@conferencefo-

### ENITEWAWEK

2-4pm, Martial Arts with  
jacob JB & Philip,  
0923292285

24

GREEK  
FOOD  
Festival

## Tuesday



### CONFERENCE

International Conference on Political Science and International Relations (ICPSIR), Addis Ababa

**WORLD ANIMAL WELFARE DAY** celebrated on 4 October to raise awareness among people about taking actions worldwide for the rights of animals as well as welfare.

4

### YOGA POWER AT ENITEWAWEK

10-11 am, Yoga Power / Vinyasa with Mikyas, Phone 0911345291, Bole Mega, 50m behind Makush Gallery, TM5 Apt

11

18

### CONFERENCE

International Conference On Sustainable Water Management (ICSWM), Venue Gondar, Ethiopia, info@conferencefora.org  
Deadline For Abstracts/Proposals: 2022-10-11

25

## Wednesday



### WORLD TEACHERS' DAY

World Teachers' Day is celebrated on 5 October every year in the whole world to commemorate the anniversary of the adoption of the ILO/UNESCO Recommendation concerning the Status of Teachers in 1966.

5

### EXPO

Ethiopia Print & Pack Expo (12th Ethiopia PrintPack Expo), Addis Ababa Ethiopia.

### EXPO

Ethiopia Auto & Motor Show (Ethiopia Auto Expo) Addis Ababa Ethiopia.

12

### DANCE AT ENITEWAWEK

10-11 am, Traditional Ethiopian Dance with solomon. Phone: 0935611681, Bole Mega, 50m behind Makush Gallery, TM5 Apt

19

### DANCE AT ENITEWAWEK

10-11 am, Traditional Ethiopian Dance with solomon. Phone: 0935611681, Bole Mega, 50m behind Makush Gallery, TM5 Apt


26

**Chef Athanasia Koutsoura is ready to take over The Kitchen. Hailing from the port city of Thessaloniki, a harbor of traditional tavernas and uniquely spiced Aegean food, Athanasia is bringing the taste of Greece to Hyatt Regency Addis Ababa.**



## Thursday

## Friday



**THERE'S A  
CRACK IN  
EVERYTHING,  
THAT'S HOW  
LIGHT GETS IN**



**LIFE IS  
BETTER  
WHEN  
YOU'RE  
SMILING**

**YOGA POWER AT  
ENITEWAWEK**  
10-11 am, Yoga Power /  
Vinyasa with Mikyas,  
Phone, 0911345291,  
Bole Mega, 50m behind  
Makush Gallery, TM5 Apt

6

**WORLD COTTON DAY**  
It is observed on October 7  
globally to provide an  
opportunity to recognise the  
importance of cotton  
worldwide.

7

**EXPO**  
Ethiopia Print & Pack Expo  
(12th Ethiopia PrintPack  
Expo), Addis Ababa  
Ethiopia.

**EXPO**  
Ethiopia Auto & Motor Show  
(Ethiopia Auto Expo)  
Addis Ababa Ethiopia.

13

**EXPO**  
Ethiopia Print & Pack Expo (12th  
Ethiopia PrintPack Expo), Addis  
Ababa Ethiopia.

**EXPO**  
Ethiopia Auto & Motor Show  
(Ethiopia Auto Expo)  
Addis Ababa Ethiopia.

14

**YOGA POWER AT  
ENITEWAWEK**  
10-11 am, Yoga Power /  
Vinyasa with Mikyas,  
Phone, 0911345291,  
Bole Mega, 50m behind  
Makush Gallery, TM5 Apt

20

**YOGA YIN WITH STAS**  
10-11.15 am, Phone, 0910840205  
Bole Mega, 50m behind Makush  
Gallery, TM5 Apt

**ENITEWAWEK**  
2-4pm, Martial Arts with  
jacob JB & Philip,  
0923292285

21

**CONFERENCE**  
International Conference On  
Political Science And International  
Relations (ICPSIR), Venue Bahir  
Dar , Ethiopia, Organized By:  
Universal Research Cluster  
info.universalconference@g-  
mail.com

27

**CONFERENCE**  
International Conference On  
Political Science And International  
Relations (ICPSIR), Venue Bahir  
Dar , Ethiopia, Organized By:  
Universal Research Cluster  
info.universalconference@g-  
mail.com

28



**Oct 28th  
to  
Nov 6th**

 **The Kitchen**  
**Hyatt Regency Addis Ababa**



## Saturday

### INTERNATIONAL COFFEE DAY

International Coffee Day is celebrated on 1 October every year to recognise millions of people across the world from farmers, roasters, baristas, and coffee shop owners, etc.

1

### ZUMBA FITNESS WITH KIM

9-10 am, Phone, 0935611681  
Bole Mega, 50m behind  
Makush Gallery, TM5 Apt

8

### EXPO

Ethiopia Print & Pack Expo (12th Ethiopia PrintPack Expo), Addis Ababa Ethiopia.

### EXPO

Ethiopia Auto & Motor Show (Ethiopia Auto Expo)  
Addis Ababa Ethiopia.

15

### ZUMBA FITNESS WITH KIM

9-10 am, Phone, 0935611681  
Bole Mega, 50m behind Makush  
Gallery, TM5 Apt

22

29

what's  
out  
addis

Oct  
20  
22

### MONTHLY EVENTS

Every month we will be featuring upcoming events. These calendar events will include:

- Art Exhibitions and Gallery events
- Festivals
- Expos
- Fashion Shows and Gala events
- Camps for kids
- Conferences
- Food events
- Seminars and much more!

There are always things going on in Addis Ababa and if you have a cultural or other event that you would like highlighted please send an email by the 15th of the preceding month to

[info@whatsoutaddis.com](mailto:info@whatsoutaddis.com)



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ADDIS ABABA



**For Reservation :**  
**+251 11 517 1205**  
**[hyattrestaurants.com](http://hyattrestaurants.com)**



Asmara Road  
Known for: Pasta/  
Continental dishes  
7 days a week

### VERRES EN VERS RESTAURANT

011 515-7600  
Ext. 3427  
Known for: Buffet  
and à la carte  
dishes French  
Brasserie style  
7 days a week

### ETHIOPIAN

### 2000 HABESHA CULTURAL RESTAURANT

0116-182253/58  
behind Bole Mini  
known for: food &  
traditional dance  
7 days a week

### DASHEN TERARA TRADITIONAL RESTAURANT

0932 513395 /  
0115541437  
Aware, across  
from Meles  
foundation  
compound  
Known for:  
Beyayenetu  
7 days a week

### EROS ADDIS FUSION RESTAURANT & LOUNGE

011 6684444  
Cape Verde  
Street/ Mikey  
Leland Street  
3rd Floor Rakan  
Business Center  
Known for: Fusion,  
Ethiopian, African  
7 days a week

### MITMITA RESTAURANT

0978197800  
millennium  
apartment hotel  
road,  
known for: local  
dish  
7 days a week

### YOD ABYSSINIA RESTAURANT

011 661-2985 /  
011-372-0607  
Bole Medhanialem  
behind Brass  
Hospital and Old  
Airport  
known for:  
traditional Food  
and dancing  
Closed Mon

### FRENCH

### LOUVRE HOTEL RESTAURANT CONTINENTAL

097-180-0000  
Togo Street, On  
The Road Below  
British Embassy,  
Across From  
Misrak Technical  
School.  
Known For:  
French Food  
7 days a week

### GERMEN

### BEER GARDEN INN RESTAURANT

0116182595/91/  
Behind Edna mall  
Known for: Home  
brewed beer and  
European Dishes  
Closed Mon

### GREEK GREEK CLUB

0115530485  
Off Olympia Road,  
further down from  
Greek School  
Known for:  
Moussaka,  
Souvlaki  
7 days a week

### ICE CREAM

### EMBWA CREAMERY

0911209838  
Kera in Sishu  
compound &  
Carl Square  
7 days a week

### FUNLICIOUS ICE CREAM DISTRIBUTORS

0944 739463  
0984 715264  
Dembel City  
Center Basement  
7 days a week

### GELATERIA ICE DREAM

0929 902810  
Lebu Commercial  
Center  
Known for:  
Using ingredients  
from Italy and  
Vegan Icecreams  
7 days a week

### IGLOO ICE CREAM

0944100323  
2 locations:  
Olympia and  
Japan embassy  
7 days a week

### TUTTO GELATO

092 9923503  
0944349495/96/9  
7/98/99  
Bole Atlas, Sare  
bête, Guredshola  
centery mall, CMC  
Michael & DZ  
kuriftu  
Known for : Ice  
Cream  
7 days a week

### INDIAN

### JEWEL OF INDIA

0911 20-0230/ 011  
551-3154  
Off Bole Road  
from Olympia,  
towards Meskel  
Flower Hotel  
Known for: South  
Indian food and  
Indian sweets  
7 days a week  
**NAMASTE ADDIS THE INDIAN RESTAURANT AND BAR**  
0904139838  
0926102455  
Behind Bole Med-  
han Alem

On the way to

Moenco  
Known for: South  
Indian dishes  
7 days a week

### OM INDIAN BISTRO

0944 443344  
Mohan Plc, Mohan  
Block | Off  
Zimbabwe Street  
Known for:  
Vegetarian  
Indian food  
7 days a week

### SANGAM'S

(Oldest Indian  
restaurant in  
Addis)  
0911214183  
0953407297  
Behind Bole  
Printing press  
Known for:  
Indian food  
7 days a week

### SHAHEEN

(Sheraton)  
011 517-1717  
Ext.6098  
Known for: Live  
cooking and  
delicate Indian  
flavors  
7 days a week

### ITALIAN

### ANDIAMO PIZZA AND PASTA RESTAURANT

093 036 2586  
Fikremariam Aba  
Techan St,  
Addis Ababa  
known for: Pizza  
7 days a week

### ANTICA BAR & RESTAURANT

0116634841  
0116615815  
0911225019  
Off Bole Road,  
near EU  
Delegation  
Known for:  
Brick oven pizza  
7 days a week

### AVANTI ITALIA RESTAURANT

0911 522660  
Bole near  
Millennium Hall  
behind  
Ambassador Hotel  
Known for: Italian  
food  
Closed Sun

### CASTELLI

011 157 1757  
011-156-3580  
Off Piazza Arada  
Road, opposite  
Mahmoud Music  
Known for:  
Pasta, grilled fish,  
chicken and salads  
Closed Sun

### CLUB JUVENTUS

0115516464  
0911219729  
Behind Meskel  
Square  
Known for: Ital-  
ian, European  
7 days a week

### GARDEN COURT BAR &

### RESTAURANT

(Hibir)  
0116620922/23  
Bole in front of  
Alem Building  
Known for: Burgers  
7 days a week

### MAMA MIA ITALIAN RESTAURANT & BAR

0929002218  
Beside Meles  
Foundation Ka-  
zanchis  
Known for: Home  
made Pasta  
Closed Mon

### DOK RESTAURANT

0912 50 3281  
Cameroon St  
Known for: Italian  
live music  
7 days a week

### GUSTO RESTAURANT

0963101010  
0973101010  
old airport inside  
old kaldis  
Kasanchis side of  
Elilly Hotel Nigist  
Building 1st floor  
Known for: Italian  
food  
7 days a week

### LINDA RESTAURANT

0911219729  
Inside Juventus  
club Meskel square  
Known For: Italian  
Food  
Closed Mon

### SAVOR ADDIS

0116670656  
Bole -near Atlas  
Behind 2000  
Habesha  
Known for: Pizza  
and home made  
pasta  
7 days a week

### M.C. WINE BAR GRILL & PIZZERIA

0911 253265  
In the Juven- tus  
Sport Club, Meskel  
Square area  
Known for: Brick  
Oven Pizzas,  
Steaks, Salads  
7 days a week

### MIDDLE EASTER/ MEDITERANEAN

### FUSION BISTRO

0910-005151  
Bole across from  
Saro Mara Hotel  
Known for: Med-  
iterranean and  
Asian Dishes  
Closed Sun

### ALADDIN RESTAURANT

011-661-4109  
Off Bole Road.  
Near Japanese  
Embassy  
Known for: Grilled  
meat, hu- mus,  
taboulleh  
Closed Sun

<b>BATI AL MANDI</b> 0911518903 Mikey Leland/ EU Street - across from Yoli Building Known for: Middle Eastern food 7 days week	Mediterranean, Turkish, Middle Eastern 7 days week	<b>HOTEL</b>	
	<b>RELIANCE HOTEL APARTMENT</b> 011 667 2024	ADOT TINA HOTEL ADDISSINIA HOTEL	011-4673939 011-662 3634
<b>KATEGNA RESTAURANT</b> 0913552762 0911126460 Bole medhanialem intrance building ground floor known For: kuwanta firfer and tibs 7 days week	<b>SINKENESH FISH</b> 0902606060 Cape Verde street, Bole Ruwanda, Addis Ababa, Ethiopia yenehiwot@sinkene shfish.comtizing	ALEXANDRIA HOTEL ATLAS HOTEL	0911103857 011-6187432/34
	<b>ENITAWAWEK CAFE &amp; CREATIVE SPACE</b> Address: Bole Mega, 50m behind Makush Gallery, TM5 Apartment building Known for: Barista coffee, fresh juices, Special Ful, Smoothie Bowls, Falafel wraps 7 days a week Phone: 09 6381 2959	BEST WESTERN PLUS ADDIS ABABA BOLE AMBASSADOR HOTEL CAPITAL HOTEL	011-6671414 011-6675235 011-6188284 011-6672100 011-6192000
<b>PEPPER &amp; SPICE RESTAURANT</b> 0115184600 Known for: Mediterranean cuisines 7 days week		DAMU HOTEL 011-5509828/29/35	
<b>THE KITCHEN</b> (Hyatt Regency) +25115171205 lknown for: Middle Eastern food 7 days week		DESALEGN HOTEL /ATLAS/ DESALEGN HOTEL /BOLE/ DIAMOND HOTEL	011-6624524 011-6183030 011-6160916 0967141414
	<b>CHAKA COFFEE</b> Known for: Fresh coffee and Tasty Breakfast. Location: Stadium, Chichinya , Bole, Meskel Flower, Morning Star (+251953459258) (+251116663438) (+251116663273)	DREAMLINER HOTEL GRAND ELIANA HOTEL ELILLY INTERNATIONAL HOTEL	011-4674000 011-1262600 011-5587777 011-5586402
<b>PIZZA</b>		ETHIOPIAN SKYLIGHT HOTEL	011-6 818181
<b>BELLA PASTA &amp; PIZZA</b> 0911380606 Bisrate Gebriel Infron of South Africa embassy Known for: Pizza 7 days a week		FRIENDSHIP I NTERNATIONAL HOTEL	011-6 670202/04 0911 713 396
<b>MOKODO PIZZA</b> 091 143 9524 Bole Airport Next to aviation School Known for: Pizza Closed Tue		GHION HOTEL ENTERPRISE GOLDEN TULIP HOTEL GLOBAL HOTEL GETFAM HOTEL HARMONY HOTEL HYATT REGENCY HILTON HOTEL	011-5513222 011-6183333 011-4664766 011-667-3175/78 011-6183100 011-5171234 011-517-0000 0911238457
<b>ROMINA</b> 0911 214335 Arat Kilo Known for: Pizza 7 days a week		HOLIDAY HOTEL HOTEL LOBELIA INTERCONTINETAL ADDIS HOTEL	011-661-2081 011-6673850 0911182463 011-5180444 011-5505066
<b>EFOOII</b> 0118493647 Mikey Leland Street (and various other locations including Kasanches and Sarbet) Known for: Unique styles of pizza Late night 7 days a week		JUPITER INTERNATIONAL HOTEL KALEB HOTEL KZ HOTEL MADO HOTEL MARRIOTT EXECUTIVE APARTMENTS	011-557 1078 011-6622200 011-662-1677 011-6611206 011-6393044 011-5184600
<b>YUMMY PIZZA</b> 0911472598/09112 20100/ 0911602639 On Bole Road to Japan Embassy Known for: Home delivery (around Bole) 7 days a week	<b>NIGHT LIFE BAR</b> <b>CASCARA COFFEE &amp; COCKTAILS</b> (Hyatt Regency) +25115171203 Known For: coffee-flavored cocktails and gourmet bites. 7 days week	PANORAMA HOTEL PLAZA HOTEL QUEEN OF SHEBA HOTEL RADISSON BLU HOTEL RAMADA ADDIS RAS AMBA HOTEL	011-6616070 011-6612200 011-6180000 011-6188281/82 011-5157600 011-6393939 011-122-8080/81
<b>TURKISH</b>		RIVIERA INTERNATIONAL HOTEL SABON HOTEL SAREM INTERNATIONAL HOTEL SHERATON ADDIS	011-4197755/ 41/46 0116 39 35 35 0111262076/ 86/88 0115171717 011-122-8080/81
<b>ISTANBUL RESTAURANT</b> 0910174728 Bole Edna mall near Ukraine Embassy Known for: Turkish food 7 days week	<b>ASABET</b> 0116671268 Lucky Building, known for: Sea Foods 7 days week	TIRAR INTERNATIONAL HOTEL THE GRAND PALACE ADDIS SUITES HOTEL UGBAAD HOTEL	011-5577152 011-5 577154 0980626262 0116393793 0116393345
<b>PAMUKKALE TURKISH RESTAURANT</b> 091 096 4530 Behind Millennium Hall Known for:	Meskel flower Road in front of Chanolli Known For: Italian Food 7 days week		



tilla<sup>ጥላ</sup>  
wise beauty

Tilla is a premium all-natural collection of face, body and hair care products, inspired by the beauty of Ethiopia. Tilla (Amh) - N - shade, shelter, protection.

### Why Tilla?

Proudly made in Ethiopia, from our name to our values to our products, we are focused on our mission to protect and illuminate the beauty of Ethiopian women.

Starting with the first full shea butter processing factory in Ethiopia, we aim to support, enrich and expand the communities we serve. From locally sourcing honey, aloe and black cumin to creating a network of customers who actively share and even profit from our brand, we envision a shared future of building a healthier, more inclusive and vibrant vision of beauty.



FIND US



# ABABA JANHOY

BY EDOM BELETE H/GEBRIEL

This pictorial Book titled “Ababa Janhoy” depicts the Emperor along with his whole family, greeting dignitaries, visiting institutes of higher learning, holding court sessions and celebratory processions, at the Maychew frontline with his army, his stay in the Great Britain, giving a speech at the League of Nations to the US congress and UN general assembly, having discussions with his ministers, giving awards and certificates, inspecting guards of honor at military academies, with visionary African leaders and personal photos in his full grace with his majestic Abyssinian lion, “Mekuria” and much more. Although the regime which usurped him sought to scrap his name from the history books in the past, The Lion of Judah still remains the most revered king of all times.

Monarchs have existed since times of old. If we look at the evolution of these kingdoms, the European ones for example, the change always came from within or from a neighboring kingdom. However, Africa didn't get the chance to evolve in such a manner. All the kingdoms and their rulers were ousted by the European powers seeking to further their gains. When the whole continent was affected by such blight that ended up setting the grounds for its complete annihilation of its identity, one country stood apart; Ethiopia. But this wasn't gifted to the kingdom, it was hard won against a superior foe.

In the kingdom's 3000 years of existence, never had an emperor faced an adversary with an overwhelming technologically and financially power which was backed by the support of even mightier neighbors. The emperor that faced and defeated such adversary in a war that lasted from 1895-96 was the king of kings, Emperor Menilik and his Empress Etege Taitu who was his right hand advisor. This victory is the only full victory an African nation had ever achieved and cemented a national pride in the hearts of its people. Merely 40 years later though, the same adversary came back again with the same intentions, but now it was in the reign of Emperor Haile Selassie, whose reign would continue for another 39 years. And the same resilience, valor and tenacity of the Ethiopian people and their leaders, although occupied for 5 years saved the country and reinstated their rightful leader; Emperor Haile Selassie. Haile



Selassie's achievements and endeavors extended to educating his people regardless of their ethnicity or gender and introduction of new western technologies sets him apart.

Emperor Haile Selassie made a state visit just to the United States of America alone 6 times and the crowds that cheered him was phenomenal. Imagine being a black man in America where your ancestors have suffered and are still subjected to all sorts of racial atrocities and you see a black Emperor driving in a motorcade to the White House while being cheered by countless white people on the way... a flabbergasting sight to behold! The reverence he received during his visit to Jamaica has no equal. He worked diligently to establish the Organization of African Union/OAU and made Addis Abeba its headquarters because he understood the need for African nations to work together in order to prosper.

It is said during his reign, the quality of education (he established numerous schools) was of the highest caliber and students strived to attain the highest scores. He inspired people to work hard and rewarded them for it. It's hard not to think what Ethiopia would look like if he had stayed in power and his legacy was passed on to an heir who would uphold the same values not to mention the pride it would bolster and the unity it would have instilled. He would have continued being a beacon of hope for those who were oppressed or face racism. Such was the man, the Emperor.

# OASIS SALON – TIME TO REVIVE AND BEAUTIFY YOURSELF ■

By Arabella Stewart

Oasis Salon & Spa owner Mimi Seble Kassahun has more than 20 years of professional Salon experience following training and running her own salon in Canada. She also speaks Amharic, English and French fluently! Oasis Salon is located in the Atlas area of Addis and during her several years back in Addis, Mimi has attracted numerous clients for her expert service and the treatments that Oasis offers its clients

I was intrigued when I first had an Oasis Coffee Body Scrub and Massage, one of their special services (although an Ethiopian Coffee Scrub does seem very appropriate in Ethiopia)! A Coffee Scrub exfoliates the top layer of skin and leaves your skin silky smooth afterwards. First you spend time in the steam room. Next the coffee body scrub is applied to your body – it feels very pleasant. After the scrub and all the coffee grounds have been rinsed off, a moisturizing honey and oatmeal mixture is applied to your body and you rest for several minutes while this “good for your body” application is absorbed. Once that too has been rinsed off you will notice immediately that your skin looks radiant and feels really soft and smooth. You may opt for more time in the steam room and/or a relaxing normal massage following this “body beautiful” treatment if you desire. The benefits of coffee used in this way are plentiful and apart from the exfoliation of dead skin, they include brightening and tightening the skin, leaving it firmer and smoother, reducing redness and inflammation. Specifically, caffeine applied to the skin also has the ability to reactivate blood circulation, assist in breaking clusters of fatty tissues and increase the level of the molecules that burn body fat as well as another cosmetic benefit of coffee is that it helps keep dermal tissue looking young and avoiding the premature formation of wrinkles.

Other Oasis treatments include Massage (Swedish, Aromatherapy, Deep Tissue and Hot Stone) plus Back and Face facial treatments, traditional Moroccan.

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0923785643 or 0930100858



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[www.radissonblu.com/hotel-addisababa](http://www.radissonblu.com/hotel-addisababa)

# TARARA COFFEE RETAINS TITLE OF TOP ROASTED COFFEE EXPORTER.

Walid Bagersh has received an award for Tarara Coffee from President Abiy Ahmed for retaining the title and honour of being the top roasted coffee exporter from Ethiopia - for the fourth year running!

The Bagersh family has taken pride in producing and promoting fine Ethiopian coffee ever since 1947. In the last decade, the family has expanded its coffee estates to cover every major coffee producing region in Ethiopia. Coffee farming and roasting has been passed down from generation to generation in the Bagersh family. Since Tarara Coffee was founded in 2006, it has secured its position as Ethiopia's premier roasting company. With expertise in blending the different flavors and aromas from around Ethiopia ranging from the Yirgacheffe and Sidamo to Harar and Lekempti; the Bagersh family has developed a keen knowledge in creating a distinctive cup of coffee. All the coffee that is exported abroad is sourced directly from farmer co-operatives that benefit from its better purchasing price. Tarara currently sources its coffee from co-ops in that gather their coffee from the Yayu forest. These co-ops are incentivized to protect the forest because it's their means of income.

At Tarara Coffe they are constantly researching and tasting to maintain the best quality of coffee that they proudly present to the world. To ensure that





the consistency of their coffee is always fresh and of the highest quality, Tarara Coffee always uses the finest and very best grade of Ethiopian coffee beans in their speciality roaster in Addis Ababa.

Tarara coffee was the leader in introducing flexible packaging with aluminium and de-gas valves to the Ethiopian market in 2014. The company roasts, grinds and packs its coffee for both local and overseas markets.

The Bagersh heritage of coffee production stems from knowledge and experience and a deep passion that nurtures the product right from sourcing the finest washed and sundried beans from the farm to that quintessential first sip of this world renown coffee.

You can purchase Tarara coffee from shops around town and in Lime Tree restaurant locations. Tarara coffee is also consumed by customers at some of the most prestigious restaurants and cafes around Ethiopia

<http://tararacoffee.com/>  
[tararacoffee@yahoo.com](mailto:tararacoffee@yahoo.com)

+251-118-693-433  
+251-118-693-434

EMAIL  
[info@tararacoffee.com](mailto:info@tararacoffee.com)  
[sales@tararacoffee.com](mailto:sales@tararacoffee.com)



# OPENING OF THE BISTROT TV5 MONDE AT THE ALLIANCE ETHIO- FRANÇAISE

The Alliance Ethio-Française is celebrating its 115th anniversary in the Ethiopian capital and has accordingly decided to introduce an additional convivial space: the unparalleled Le Bistrot TV5 MONDE.

Intended for both students and food lovers, Le Bistrot TV5 MONDE includes a restaurant with a capacity for 40 people inside and 20 outside, a cyber space for students that was created in partnership with the French-speaking channel TV5 MONDE and an outdoor bar.

Incomparable culinary creations will be offered with a subtle blend of cuisines from around the world, creating a festival of flavours and colours visualized by an internationally renowned Chef. A short order food supply chain will also be featured, highlighting fresh and local products purchased directly from the markets for optimal texture, taste and visual appeal. The menus will evolve according to the seasons, the availability of products and what the customer desires as well as a wine list that will favour the discovery of wines from French regions while also promoting wine made in Ethiopia.

The green setting of the Alliance will also offer an exclusivity, the discovery of a succulent drink: the



magnificent Cider which will go well with many dishes and desserts. This will give rise to many themed evenings and will accompany our concerts and events.

See you at the Bistrot TV5 MONDE starting from October 7th, for a new culinary adventure on the premises of the Alliance Ethio-Française of Addis Ababa.

Opening hours :

Tuesday to Sunday from 9.am. to 10.p.m, Breakfast will be served from 9.am and lunch from, Bar open daily from 5p.m to 10p.m, Dinner only on Thursday evenings, Closed on Mondays Dinner only on Thursday evening

Contact : BISTROT TV5 MONDE, Restaurant and Catering Alliance Ethio-Française of Addis Ababa Wavel Street Addis Ababa

Reservation : + 251 90 801 1916 // +251 90 801 1824

bistrot@allianceaddis.org

catering@allianceaddis.org











www.allianceaddis.org



# HOT MUSIC TABLE - 2022

AUGUST 16 - SEPTEMBER 15

## HOTTEST ARTISTS

			Radio	TV	Total Play
1		Tewodros Kassahun	232	74	306
2		ROPHNAN	163	113	276
3		Tilahun Gesesse	137	87	224
4		Dawit Tsige	141	61	202
5		Solomon Deneke	146	23	169
6		Gosaye Tesfaye	116	31	147
7		Endega	75	50	125
8		Fikeraddis Nekatebeb	84	33	117
9		Hamelmal Abate	84	25	109
10		Abinet Agonafir	53	49	102

### ON CALCULATING THE HOTTEST ARTIST

THE ARTIST NEEDS TO BE PLAYED ON ATLEAST 4 OR MORE STATIONS.

A SINGLE STATION SHOULDN'T ACCOUNT MORE THAN 33% OF THE TOTAL NUMBER OF PLAYS.

## HOTTEST TRACKS

			Radio	TV	Total Play
1		Aman Yihun Dawit Tsige	134	61	195
2		Hoya Hoya Solomon Deneke	146	32	169
3		Ye 13 Wer Tsega Tilahun Gesesse	93	54	147
4		Ho Belen Endega	75	50	125
5		Awd amet Hamelmal Abate	84	25	109
6		Gizae lekulu Tewodros Kassahun	79	27	106
7		Ho beye metahu Abinet Agonafir	53	49	102
8		Badis Amet G Messay	49	51	100
9		Shum Dare Maditu Weday	56	38	94
10		Jegna Mastewal Eyayu	54	32	86

### ON CALCULATING THE HOTTEST TRACKS

THE TRACK NEEDS TO BE PLAYED ATLEAST 40% OF THE TOTAL LENGTH OF THE MUSIC.

THE TRACK NEEDS TO BE PLAYED ON ATLEAST 3 OR MORE STATIONS.

A SINGLE STATION SHOULDN'T ACCOUNT MORE THAN 33% OF THE TOTAL NUMBER OF PLAYS.

THIS DATA IS GATHERED BY A 24/7 AUTOMATED RECORDING & ANALYZING AI SYSTEM FROM 35 TV & RADIO STATIONS.

THERE WERE MORE THAN 73,000 TOTAL MUSIC PLAYS ACROSS THE BROADCAST MEDIUM FOR THE MONTH OF MAY 2022.



# GET REFRESHED WITH MINUTE MAID

When you want to relax after an exhaustive day at work, when you are on the go and you get thirsty, Minute Maid is the answer. Coca-Cola Beverages Africa-Ethiopia introduces a refreshing juice, Minute Maid Juice which anyone can kick back and enjoy a sip of this relaxing succulent juice. It comes in different sizes (280ml & 500ml) and flavors; Lemon, Apple, Berry, Orange, and Mango.

NEW

ORANGE, APPLE, BERRY,  
LEMON AND MANGO  
FLAVOURS



REFRESH  
THE MOMENT

Minute  
Maid®  
REFRESH

## ART INSTITUTIONS GALLERIES IN ADDIS ABABA

CULTURAL INSTITUTIONS		MUSEUMS	
<b>ALLIANCE ETHIO-FRANCAISE</b> 011 1 569893/92	<b>COLOR ART STUDIO</b> 0911 927525 0913 841406	<b>MUSEUMS INSTITUTE OF ETHIOPIAN STUDIES (IES)</b>	0 011 1231068
<b>BRITISH COUNCIL</b> 011 6620388	<b>DAWIT GERESSU ART STUDIO</b> 0911729608	<b>THE MODERN ART MUSEUM/GEGBRE KRISTOS DESTA CENTER</b>	0111221469
<b>ETHIOPIAN VISUAL ARTISTS ASSOCIATION</b> 0911 646862 0911 711369	<b>ETHIOPIAWE ART STUDIO</b> 0911 888783		
<b>DEPT. OF FINE ARTS &amp; DESIGN (AAU)</b> 011 1232834	<b>DESTA HAGOS ART STUDIO</b> 011 5537823 091 1206868	<b>CLASSES ENLIGHTENMENT ART ACADEMY</b>	091 1209246 091 1214892
<b>FRENCH CENTRE FOR ETHIOPIAN STUDIES</b> 011 1234767/68	<b>ERTALE ART STUDIO</b> 091 1687256 091 2728888	<b>EALLAZ INTERNATIONAL DANCE STUDIO</b> BOLE REWANDA	011 6638198 091 1412171
<b>GOETHE INSTITUTE</b> 011 1242345/46	<b>FEKADU AR STUDIO</b> 091 1428490		
<b>INSTITUTE OF ETHIOPIAN STUDIES</b> 011 1119469	<b>GEGBRE KRISTOS TRADITIONAL ART GALLERY</b> 091 1634755	<b>HIOWT PIANO CMC ROAD</b>	0911 218053
<b>ITALIAN CULTURAL INSTITUTE</b> 011 1113655 011 1553427	<b>GENNA ART STUDIO</b> 0911823300	<b>GUITAR PRIVATE LESSON</b>	0911 461025
<b>RUSSIAN CENTRE FOR SCIENCE &amp; CULTURE</b> 011 1551343	<b>GIGI'S AFRO-ASIAN DESIGN</b> 011 5155588 0912200437	<b>LATINO DANCE CLASSES</b> ROCK BOTTOM GYM	091 1639332
<b>BIRHAN CULTURAL CENTER</b> 0911 507304	<b>GOSHU ART GALLERY</b> 0911 214352	<b>MUSIC TRAINING PIANO TO ALL LEVELS</b> BY SEBLE ABERU	091 1606479
<b>CINEMAS</b>	<b>HARMONY ART STUDIO</b> 091 1106119 091 1645699	<b>MELODY MUSIC SCHOOL</b> MODERN AND TRADITIONAL MUSIC INSTRUMENT TO ALL LEVELS	091 1409012 011 1579130
<b>ALEM CINEMA</b> 011 6636718	<b>IMAGE AFRICA STUDIO</b> 091 1658371		
<b>AMBASSADOR THEATRE</b> 011 5537637	<b>JO ART STUDIO</b> 091 1645699	<b>PIANO LESSONS BY TIGIST</b>	091 1639241
<b>CINEMA EMPIRE</b> 011 1565029	<b>LAPHTO ART GALLERY</b> 0939-712314	<b>PIANO AND MASINKO CLASS BY ALEMAYEHU TIBEBU</b>	091 1629739 011 6189732
<b>EDNA MALL</b> 011 661 6278 661 6869	<b>LELA ART GALLERY</b> 0911 30 07 56 011 6535506		
<b>THEATRES</b>	<b>MEDI STUDIO &amp; GALLERY</b> 091 1613196 0911 234265	<b>PIANO AND MASINKO CLASS BY SARON GETTIYE</b>	091 447998
<b>CHILDREN &amp; YOUTH THEATRE</b> 011 1128603	<b>MESMER ART STUDIO</b> 091 1646862	<b>SALSA AT ALIZÉ DANCE CLASSES AT CLUB ALIZÉ</b>	091 188 2287
<b>CITY HALL</b> 011 1119820	<b>MAKUSH GALLERY</b> 011 552-6848 011 5526855		
<b>HAGER FIKER</b> 011 1569189	<b>NETSA ART VILLAGE</b> 091 1941678 0911760963	<b>VOILA FRENCH LANGUAGE ACADEMY</b> CONTACT BENIAM ZEWDIE	091 2075115 011 6183738
<b>MEGA AMPHITHEATRE</b> 011 5518870	<b>OMNA ART GALLERY</b> 0911 65 52 39	<b>TULSI YOGA BEHIND RAS AMBA HOTEL</b>	0930-033414
<b>NATIONAL THEATRE</b> 011 5514577 011 5514500	<b>PANACHE ART GALLERY</b> 0912-200444	<b>HAPPYOGA WELLO SEFER TK (ELSA) BUILDING 4TH FLOOR</b>	0913280088
<b>NOHE THEATRE</b> 011 1112175	<b>PALETTE ART GALLERY</b> 0912 485342 0977092291		
<b>NESIR THEATRE &amp; PROMOTION</b> 011 6630908	<b>SAL INTERIOR &amp; GALLERY</b> 091 1238696		
<b>GALLERIES</b>	<b>SALEM JEWELRY</b> 0116 185604	<b>USEFULL TELEPHONE NUMBERS</b>	
<b>ABESHA ART STUDIO</b> 091 1415258 091 1469371	<b>SEIFU ART STUDIO</b> 0911 711369	<b>FIRE BRIGADE TELECOMMUNICATIONS INFORMATION</b>	912
<b>ADAM ART STUDIO</b> 0911632620	<b>ST.GEORGE INTERIOR DECORATION &amp; ART</b> 011 5510983 8103 091 1201097	<b>INTERNATIONAL CALLS</b>	994
<b>ADDIS ABABA ART STUDIO</b> 091 1116531	<b>SUZANNE'S GALLERY</b> 091 1616814 011 3724581	<b>MOBILE THEFTS</b>	0115506010
<b>ADDIS ART STUDIO</b> 091 1619416 091 1888783	<b>TADESSE WOLDE AREGAY ART STUDIO</b> 0938 543813	<b>WAKE-UP CALLS</b>	999
<b>ADDIS FINE ART</b> 0913 426553 0966913222	<b>TALISMAN GALLERY</b> 0946 650680	<b>ELECTRICITY TECHNICAL SERVICES</b>	905
<b>AFRO SUN ART STUDIO</b> 091 1147156	<b>TALISMAN GALLERY</b> 0946 650680	<b>WATER + SEWERAGE AUTHORITY</b>	011 1116334 011 1550922
<b>AMANUEL ART STUDIO</b> 091 1672479	<b>YACOB ART STUDIO</b> 0911398787	<b>POLICE INFORMATION CENTR</b>	991
<b>ARTISTIC GLASS CENTRE</b> 0115518400 ext.632 091 1203965	<b>TENESHUA ART STUDIO</b> 0912202218 0965199332	<b>RED CROSS</b>	0115150608 0115159074
<b>ASNI GALLERY</b> 0111233244 0911206697	<b>YEGNA ART STUDIO</b> 091 1711692	<b>AMBULANCE CLINICS</b>	907
<b>BB BEHAILU ART STUDIO</b> 0911401308	<b>YONAS MILLION ART STUDIO</b> 0912600780	<b>ADDIS TANA HIGHER CLINIC</b> ADWA CLINIC	011 8630661 011 1563085
<b>CHILOTA STUDIO</b> 011 5170000 0911227294	<b>ZOMA CONTEMPORARY ART CENTER</b> 0911 249374	<b>AIRLINE AREA CODES</b>	
	<small>BMI 011 6620815/16 EGYPT AIR 011 1564493/4 EMIRATES 011 5181915 ETHIOPIAN AIRLINES 011 6656666 FLY DUBAI 011 06670154 KENYA AIRWAYS 011 5518400 LUFTHANSA 011 5515666/75 QATAR AIRWAYS 011 6627781/82 TURKISH AIRLINES 011 5515076</small>	<small>ADDIS ABABA 011 DERRÉ ZEIT 033 DIRÉ DAWA AND HARAR 025 GONDAR 058 JIMMA 057 MEKELE 034 MOBILE 091 HAZARETH 022 SHASHEMENE 046</small>	

## HEALTH SERVICES

### CLINICS

AFRICA HIGHER CLINIC 1	011 2751360
AMERICAN MEDICAL CENTER	0116678000 /04/07 0919198287
BETHZATHA CLINIC	011 5514470 011 5533453
BLUE & WHITE CLINIC	011 6616229
BROOK CLINIC	011 5513435 011 5515151
CHILDREN'S CLINIC	011 3711515
CHRISTINA CLINIC	011 5152020
DR JONATHAN BANES CLINICAL PSYCHOLOGIST	0910 0716 84
ETHIOPIA HIGHER CLINIC	011 1550088
FUTURE INTL CONSULTING	011 2770064
ICON CENTER OF SPECIAL SURGERY (DR. TEWODROS)	0911-864672
INTERNATIONAL CLINICAL LABORATORIES	011 5529252
MARTI SPECIAL DENTAL CLINIC	011 6181262
SAINT GABRIEL GENERAL HOSPITAL DENTISTRY	0911-31-6012
PEDIATRIC CLINIC	0921 787120 0115514696
RANK CLINIC (DERMATOLOGY)	091 1237410 011 5536074
SANTE MEDICAL CENTRE	0115535530
SENAI CLINIC	0114668629
SUN OPTICS SPECIAL SUISSE CLINIC	0111567576 011 4672047 011 4161649 011 3710768
SUNSHINE CLINIC	011 112198
SWEDISH CLINIC	011 1572435
T/HIMANOT HIGHER CLINIC	
TESFA MAJOR POLY CLINIC	011 1570232
WGGA SPECIALIZED VISION CLINIC	0931 52 09 52 011 618 01 86

### ANIMAL CLINICS

BETHEL VET CLINIC	0911 665830
CASA-INCIS CLINIC	091 1210204
HAPS	011 6544756 091 1683002
SHALOM VET CARE CLINIC	011 6291877 091 1247335
OLD AIRPORT CLINIC	091 120 9993
MOBILE VETERINARY CLINIC	0911247355
P.S. HOME TOWN VETERINARY	0910 58 58 55
DR PATRICK'S ALL NATURAL PET FOODSTREATS & SUPPLEMENT	0946 799399

### HOSPITALS

BALCHA	011 5513205
HAYAT	011 6624488
MCM MEDICAL CENTRE	011 6295420/28
ST GABRIEL	011 6613622
YEKATIT 12	0116623439
ST. YARED	0116454697 /04
INTL CARDIOVASCULAR	0114424680 /81
LAND MARK HOSPITAL	0115525719
ADDIS SPECIALIZED	0911243274
KARDIAC	0116634720
KADISCO GENERAL	0116298904/02
MCM KOREAN	0116-29-5421-27

### GOVERNMENT HOSPITALS AND CLINICS WITH AMBULANCE SERVICE

BLACK LION HOSPITAL	0115511211
MENILEK II HOSPITAL	0111234272
YEKATIT 12 HOSPITAL	01115530 65/68
ZEWDITU HOSPITAL	0115518085
ST.PAUL HOSPITAL	0112750125
AMANUEL HOSPITAL	0112757715
GENERAL INQUIRIES: AFALAGI	8123
TULSI, AYURVEDIC MMESSAGE, YOGA AND WELLNESS CENTER, KEBENA, BEHIND RAS AMBA HOTEL,	0930 033414

### PHARMACIES

ABBAY PHARMACY	011 3713298
GHION PHARMACY	011 5518606
GISHEN PHARMACY	011 6611717
LION PHARMACY	011 1551893
PELICAL PHARMACY	011 552 1790
RAAMCO PHARMACY	011 896 2925

Betel Funeral Arrangements 091 120 5731

Lebeza psychiatry Consultation  
Dr Asmeret Andebirhan (MD, Psychiatrist)  
+251-1183522929 +251-911348373  
+251-947406511

### GENERAL / INTERNAL MEDICINE

Dr. Akeza Teame, US Board Certified Internal Medicine & Infectious Disease  
Tele: 0116678000/04/07  
St Yared Hospital: (011) -645-4697/04  
CMC road around Daminafro Buiding

Dr. Abebe Desta, Internist: Brook Clinic Sar bet: - 011-3725861

Prof. Kebede Oli, Cardiologist & owner of Landmark Hospital  
Land Mark Hospital 011-552-5463

### PEDIATRICS

Dr. Alan Karibian, Senior Pediatric Consultant (speaks Amharic well)  
Pediatric clinic:- (011) 551-4696  
Dreamliner hotel.\*Near Mulushewa Sega Bete.

Dr. Mulu Abrham, M.D., General Pediatrics  
Biham Clinic: - ,  
011-4160 053, 011-476 0411

Dr.Yodit Enkossa- MD, General Pediatrics  
The Cure Hospital: -011-124-5404

OBSTETRICS/GYNECOLOGY:  
Dr. Mekonnen Bekele, M.D., OB/GYN  
ADDIS MATERNITY AND CHILDERN HOSPITAL 011-124-5345 OR 48

Dr. Samia Ibrahim, MD, OB/GYN  
Kadisco General Hospital  
Tele: -0116-298904 /02

### DENTISTRY

Dr. Tolu Duresa, Tolu Clinic (Haile Gebresillasse Road)  
011-662 00 31

Dr. Tadesse Melaku - Ethio-swiyydesh Dental Clinic - Bole Road Awash Bank (Novis)  
Building 1st Floor Office: 011 661 4932

Gojeb Dental Clinic -Piazza 0111 56 6521/ 156 6296  
Smile Dental Center-Bole Rwanda/zemen bank building 2nd floor, +251911232790/+251904222324

### GENERAL SURGERY

Dr. Abraham Asnake, General surgeon  
Kadisco General Hospital, Medical director  
Tele: -0116-298904 /02

Dr.Tewodros Messele Gedebou, General, Plastic and Reconstructive Surgeon and Reconstructive Microsurgery, Trained in US (Yale, UCLA), Certified by American. Board of Surgery ICON Center of special surgery. Around Imperial Hotel, 2 blocks past the NOC.gas station, turn left, tall building on the right.  
Tele:-011- 8693194/0930 109751

### OPHTHALMOLOGIST

Dr. Fekade Mengistu, Ophthalmologist- Bole Eye Care Center: - 011-663 9405

Dr. Tliiksew Teshome, Ophthalmologist and retinologist- Biruh Vision specialized Eye clinic  
0116463977

on CMC Road in Ethiopian Athletics Federation Building, 1st Floor

Dr. Wondu Alemayehu, Ophthalmologist  
Office phone- 0115159863  
Located at the Dembel building.

### DERMATOLOGIST

Dr. Fuad Temam, Dermatologist, Fellowship in US, Director of ALERT hospital  
Kadisco hospital: - 0116-298904

### ENT SPECIALIST

Dr. Es-hak Bedri, MD., ENT-Surgeon,  
Onthorio clinic: - 011-850-2473

### PHYSIOTHERAPIST

Dr. Theodros W. Gebriel  
Doctor of Physiotherapy (US board Licensed)  
Medical Director/General Manager  
Paragon Physiotherapy & Sports Medicine  
Specialized Higher Clinic  
Paragon #1. 0116461108/22 or 0118608993  
Paragon #2. 0113722829/30 or 0118623626  
Fax: 0116461220

### ORTHOPAEDIC SURGERY

Dr. Eric Gokcen, MD - US Board Certified Orthopaedic Surgeon  
The CURE Hospital 011-124-5404

Dr. Richard or Daldner E Pearson MD - fellow of the American Academy of orthopaedic surgery MCM (Korean) Hospital  
011-629-5729

### ORTHOPAEDIC AND TRAUMATOLOGY

Dr. Elias Ahmed Associate Professor. Fellow of College Surgeon of East, Central & Southern Africa. Dip. SICOT  
Hayat Hospital  
0116 624488

Lebeza Mental health consultation office  
01183522929





# ሁሉንም ጨዋታዎች ለሁሉም ደጋፊዎች በዲኤስቲቪ ብቻ



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**ከህዳር 11 - ታህሳስ 9**



# Hello Addis, Welcome to Safaricom



Further Ahead Together

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 **Safaricom**  
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# BRUNCH & THE BEATS

Enjoy our City famous brunch on  
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continue the fun, mesmerizing  
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good company

  
THE OFFICE  




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